







Merced County Community Action Agency

July 2018



Please complete and initial three (3) activities per week with your child(ren).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Play in the water outside	2 Sing your child's favorite song	3 Say 5 rhyming words	4 	5 Count 15 Cheerios for snack	6 Find the letter "S" in a book	7 Tear paper into strips
8 Find 7 yellow flowers in your city	9 Draw a picture of your family	10 Take a walk	11 Find 6 green items in your house	12 Read a book 	13 Say "I Love You!" 3 times today	14 Eat dinner with the whole family tonight
15 Weed the garden 	16 Tell your favorite story	17 Kick a ball	18 Eat 3 fruits today 	19 Count the trees in your neighborhood	20 Give your children 4 hugs today	21 Wash the car together
22 Count to 20	23 Pretend to be ocean animals	24 Hop across the yard	25 Add a salad to the dinner menu	26 Make silly faces	27 Help your child write his/her name	28 Drink 4 cups of water
29 Add cheese to a meal	30 Count your spoons	31 Talk about good and bad choices				